



The sung refrain

Return to God with all your heart,
the source of grace and mercy;
come seek the tender faithfulness of God.

From Marty Haugen's Lent hymn

THE STATIONS OF THE CROSS

By Imogen Stuart

The Parish of Our Lady of Mount Carmel, Firhouse, Dublin

Holy and merciful Father,
grant that I may follow the way of the cross
in faith and love,
so that I may share in Christ's passion
and together with him
reach the glory of your kingdom.





THE FIRST STATION

Jesus is condemned to death

We adore you, O Christ and we praise you:

**R. because by your cross
you have redeemed the world.**

Pilate washes his hands in front of the crowd.
'I am innocent of this man's blood.' Then he
hands over Jesus to be crucified.

Lord, I am Pilate every time I fail to do what is
right or allow injustice to happen or blame
others for my failures.

For the times I have washed my hands of my
responsibilities.

Silent prayer.

Lord in your mercy:

R. Hear my prayer.

All sing:

Return to God with all your heart,
the source of grace and mercy;
come seek the tender faithfulness of God.



THE SECOND STATION

Jesus takes up his cross

We adore you, O Christ and we praise you:

**R. because by your cross
you have redeemed the world.**

The hands of Jesus grasp the cross as he takes upon himself my sins and the sins of all the world.

Lord it is for love of me that you take up the cross and place it upon your bruised and bleeding shoulder.

For the times I have burdened others with my selfishness.

Silent prayer.

Lord in your mercy:

R. Hear my prayer.

All sing:

Return to God with all your heart,
the source of grace and mercy;
come seek the tender faithfulness of God.



THE THIRD STATION

Jesus falls for the first time

We adore you, O Christ and we praise you:

**R. because by your cross
you have redeemed the world.**

His foot slips on the rough cobbled street and he falls heavily to the ground, crushed beneath the weight of the cross.

Lord, my weakness is the cause of your weakness, my fall is the cause of your fall. May your rising again give me strength to rise too from my falls.

For the times I have fallen or caused others to fall.

Silent prayer.

Lord in your mercy:

R. Hear my prayer.

All sing:

Return to God with all your heart,
the source of grace and mercy;
come seek the tender faithfulness of God.



THE FOURTH STATION

Jesus meets his mother

We adore you, O Christ and we praise you:

**R. because by your cross
you have redeemed the world.**

Mary, the mother of Jesus, the mother of sorrows, meets her son on his journey and suffers with him for our salvation.

Lord, by her compassion your mother took part in your work of redemption. May we too share your agony so that we can rejoice in your victory.

For the times I have been indifferent to the sufferings of others.

Silent prayer.

Lord in your mercy:

R. Hear my prayer.

All sing:

Return to God with all your heart,
the source of grace and mercy;
come seek the tender faithfulness of God.



THE FIFTH STATION

Simon of Cyrene helps Jesus to carry the cross

We adore you, O Christ and we praise you:

**R. because by your cross
you have redeemed the world.**

The strong hand of Simon takes some of the burden of the cross and eases the weight on the shoulders of Jesus.

Lord, you are the creator of heaven and earth, yet you need the help of my hands to carry out your work of mercy in this world. For the times I have done nothing to ease the burdens of others,

Silent prayer.

Lord in your mercy:

R. Hear my prayer.

All sing:

Return to God with all your heart,
the source of grace and mercy;
come seek the tender faithfulness of God.



THE SIXTH STATION

Veronica wipes the face of Jesus

We adore you, O Christ and we praise you:

**R. because by your cross
you have redeemed the world.**

The face of Jesus remains imprinted on the towel with which Veronica wiped away his sweat and blood.

Lord, as often as I do an act of kindness to the least of your brothers or sisters, I do it to you.

For the times I have failed to see you in the sufferings of others,

Silent prayer.

Lord in your mercy:

R. Hear my prayer.

All sing:

Return to God with all your heart,
the source of grace and mercy;
come seek the tender faithfulness of God.



THE SEVENTH STATION

Jesus falls the second time

We adore you, O Christ and we praise you:

**R. because by your cross
you have redeemed the world.**

Once again Jesus loses his footing and falls full length upon the hard unyielding street. Our hearts can be as hard as stone.

For the times I have hardened my heart against your grace.

Silent prayer.

Lord in your mercy:

R. Hear my prayer.

All sing:

Return to God with all your heart,
the source of grace and mercy;
come seek the tender faithfulness of God.



THE EIGHTH STATION

Jesus meets the women of Jerusalem

We adore you, O Christ and we praise you:

**R. because by your cross
you have redeemed the world.**

The women of Jerusalem weep for Jesus. 'Weep rather for yourselves', he tells them, 'and for your children.' Lord, we weep for ourselves and for our children. Spare us from the threat of war, destruction and pestilence that hangs over the world.

For all the hatred, cruelty and sickness in the world.

Silent prayer.

Lord in your mercy:

R. Hear my prayer.

All sing:

Return to God with all your heart,
the source of grace and mercy;
come seek the tender faithfulness of God.



THE NINTH STATION

Jesus falls the third time

We adore you, O Christ and we praise you:

**R. because by your cross
you have redeemed the world.**

Jesus scarcely has the strength to lift himself from the ground, yet he rises again and continues on his way.

Lord, I am weak and helpless without you, give me your strength and I will move mountains.

For the times I have lost heart and been tempted to despair.

Silent prayer.

Lord in your mercy:

R. Hear my prayer.

All sing:

Return to God with all your heart,
the source of grace and mercy;
come seek the tender faithfulness of God.



THE TENTH STATION

Jesus is stripped of his garments

We adore you, O Christ and we praise you:

**R. because by your cross
you have redeemed the world.**

The soldiers strip Jesus of his garments and throw dice for the bloodstained robe he wore on the way to Calvary.

Lord, I am too much in love with the things of this world, so worthless in comparison with the things of heaven.

For the times I have set my heart on this world rather than on you.

Silent prayer.

Lord in your mercy:

R. Hear my prayer.

All sing:

Return to God with all your heart,
the source of grace and mercy;
come seek the tender faithfulness of God.



THE ELEVENTH STATION

Jesus is nailed to the cross

We adore you, O Christ and we praise you:

**R. because by your cross
you have redeemed the world.**

The nail is hammered through the flesh of Jesus, how much more pain can he take?

Lord, you suffered willingly for my sake. Give me strength when I have to suffer for your sake.

For my fear of having to suffer in the cause of right.

Silent prayer.

Lord in your mercy:

R. Hear my prayer.

All sing:

Return to God with all your heart,
the source of grace and mercy;
come seek the tender faithfulness of God.



THE TWELFTH STATION

Jesus dies on the cross

We adore you, O Christ and we praise you:

**R. because by your cross
you have redeemed the world.**

‘Father, into your hands I entrust my spirit.’
Jesus bows his head and dies.

Lord Jesus Christ, you are my saviour and my
king, you are my hope and my refuge, you are
my Lord and my God.

Forgive my sins and the sins of all the world.

Silent prayer.

Lord in your mercy:

R. Hear my prayer.

All sing:

Return to God with all your heart,
the source of grace and mercy;
come seek the tender faithfulness of God.



THE THIRTEENTH STATION

Jesus is taken down from the cross

We adore you, O Christ and we praise you:

**R. because by your cross
you have redeemed the world.**

Mary stood by the cross of Jesus when others had deserted him and run away. Now she receives his body into her loving arms.

Lord, on the cross you gave us Mary, your mother, to be our mother too. May she love and protect us now and at the hour of our death.

For the times I have failed to live in love.

Silent prayer.

Lord in your mercy:

R. Hear my prayer.

All sing:

Return to God with all your heart,
the source of grace and mercy;
come seek the tender faithfulness of God.



THE FOURTEENTH STATION

Jesus is laid in the tomb

We adore you, O Christ and we praise you:

**R. because by your cross
you have redeemed the world.**

At rest in the tomb, Jesus awaits his resurrection, when the wounds of pain will be transformed into the wounds of glory.

Lord, the ordeal is over, the victory is won.
Remember me when you come into your kingdom.

For the times I have feared death and forgotten
the resurrection.

Silent prayer.

Lord in your mercy:

R. Hear my prayer.

All sing:

Return to God with all your heart,
the source of grace and mercy;
come seek the tender faithfulness of God.

Concluding prayer

Now let us pray for the Pope's intention:

Sacrament of Reconciliation

That we may experience the sacrament of reconciliation with renewed depth, to taste the infinite mercy of God.

Our Father...

Hail Mary...

Glory be to the Father...

Let us go now in the peace of Christ.

R. Thanks be to God.

